

Headwaters Wellness and Counseling LLC

250 Cushman, Suite 4J • Fairbanks, AK 99701 (907)456-2256 • FAX (907)456-2260

NOTIFICATION OF EMERGENCY CRISIS SERVICES

This following lists services available to you in the absence of Headwaters Wellness and Counseling.

Fairbanks Memorial Hospital ER 1650 Cowles Street, Fairbanks, AK 99701 907-458-5555 For evaluation or admission for medical and mental health emergencies Interior Alaska Center for Non-Violent Living 907-452-7273 24-hour crisis line to address domestic violence and sexual assault crises.

Careline Crisis Intervention 907-452-4357 Connects to a national service for suicide prevention and other crises Fairbanks Community Mental Health Center 907-452-1575

During office hours, telephone messages are checked frequently and routinely. All crisis calls will be returned the same day. If you need assistance during a time when your therapist is not available, please contact the appropriate resource immediately.

Most often, clients do not require any of these additional services. This is to inform you of the community resource available to you should the need arise.

| Client name: | Date: | |
|--------------|-------|--|
|--------------|-------|--|